



Let me win, but if I cannot win, let me be brave

2026 TRACK AND FIELD INFORMATION

Due to Minnesota hosting the National Special Olympics 2026 USA Summer Games from June 20-26, 2026, there will be changes to the normal track and field season schedule. Read this information carefully to be aware of how some dates or events may have changed.

PRACTICES

Indoor Practices: Track practices will be starting indoors beginning in March. They will be on Monday evenings from 6:30-7:30. We are finalizing indoor facilities located in Burnsville and Apple Valley. When those plans have been finalized in writing, we will give that information to those who have registered for track.

Outdoor practices: Later in the spring, as weather permits, track will have practices outdoors on Monday and Thursday evenings from 6:30 to 7:30/7:45.

Parent/caregiver meeting: Parents and caregivers are asked to attend an informational meeting at the start of the first practice.

COMPETITION

Regional competition: Saturday, May 9, 2026, at Eastview High School, 6200 140th St. W., Apple Valley, MN 55124.

Possible Invitational Tournament: Burnsville is hosting an invitational for a few teams on Monday, June 8. It would be in the late afternoon and evening.

State competition: No state track and field competition due to Special Olympics USA Games.

Events: Athletes are allowed to compete in three individual events and one relay event, or the pentathlon and one relay. A list of track and field events is attached.

REGISTRATION

The registration fee is \$35 per athlete. Please mail the registration form and payment (cash or check) **by February 20** to The RAVE, P.O. Box 122, Rosemount, MN 55068-9906. Checks should be made payable to The RAVE.

QUESTIONS

Contact Dan Zeller, Head Coach and Josh Beck, Track Sport Manager at ravetrackandfield@gmail.com
Contact Louise Anderson, Head of Delegation at ravehod@gmail.com

RAVE 2026 Track and Field Registration Form

Please return this form with payment.

Athlete Name: _____
Athlete's address: _____
Athlete's phone: _____
Athlete email: _____

Parent/caregiver contact information

To receive email announcements and for emergency contact.

Name: _____ Parent Guardian Staff
Phone: _____
Email: _____
Group home name: _____

Name: _____ Parent Guardian Staff
Phone: _____
Email: _____
Group home name: _____

- I acknowledge The RAVE prefers a guardian or caregiver to remain at each practice.
 I acknowledge that it is my responsibility to make sure the athlete has a current medical on file before the first practice.

Please provide any essential information that you would like to share about your athlete – allergies, behavioral issues, health concerns (this does not replace the required medical).

Please mail registration form and \$35 fee to: The RAVE, P.O. Box 122, Rosemount, MN 55068

RAVE 2026 Track and Field Registration

SPECIAL OLYMPICS TRACK AND FIELD EVENTS

ATHLETE NAME: _____

Put a check mark next to the events the athlete would like to compete in. Athletes are allowed to compete in three individual events and one relay event, **OR** the pentathlon and one relay.

Running/Walking Events	
25 Meter Walk	50 Meter Run
50 Meter Walk	100 Meter Run
100 Meter Walk	200 Meter Run
200 Meter Walk	400 Meter Run
400 Meter Walk	800 Meter Run
800 Meter Walk	1,500 Meter Run
1,500 Meter Walk	
Field Events	
High Jump	
Running Long Jump (1 meter Min.)	
Tennis Ball Throw (15 Meter Maximum)	
Softball Throw (15 Meter Maximum)	
Standing Long Jump	
Are you interested in participating in a Relay Event?	Yes No
Specialized Events	
Pentathlon (100 M Run, Running Long Jump, Shot Put, High Jump, 400 M Run)	
10 Meter Walk Device or Physical Assistance	
25 Meter Walk Device or Physical Assistance	
50 Meter Walk Device or Physical Assistance	
25 Meter Dash Device or Physical Assistance	
50 Meter Dash Device or Physical Assistance	
10 Meter Wheelchair	
25 Meter Wheelchair & Motorized Wheelchair	
50 Meter Wheelchair & Motorized Wheelchair	
100 Meter Wheelchair & Motorized Wheelchair	
25 Meter Motorized Wheelchair Obstacle	
30 Meter Wheelchair Slalom	
50 Meter Wheelchair Slalom	
30 Meter Motorized Wheelchair Slalom	
50 Meter Motorized Wheelchair Slalom	
Not sure	
Check here if you are not sure what events you would like to compete in.	